WEEK ONE

MONDAY

TUESDAY

THE MEXICAN KITCHEN

**MEXICAN** 

**BEEF CHILLI** 

Tacos

FRIDAY

OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY **CLASSIC BEEF BOLOGNAISE** 

> With Garlic **Bread**

Terresident

**GREEN THAI** CHICKEN **CURRY** with 50/50 Rice

**FLAVOURED CHICKEN** with **Roast Potatoes** and Gravy

with 50/50 Rice or Soft 

**MEXICAN** 

**FISHFINGERS OR SALMON FISHCAKES** with Chips

**AUTUMN VEGETABLE** RISOTTO

STICKY SOY AND HONEY **NOODLES** 

**CAJUN SWEET** POTATO & SPINACH TART with Roast Pots

**VEGETABLE** RICE

LOADED HOUND DOG

with Chips

Green Beans **Carrots** 

with Custard

Sweetcorn Roasted Broccoli

Cauliflower Peas

Pineapple Salsa & Slaw

Baked Beans Coleslaw

PINEAPPLE UPSIDE **DOWN CAKE** 

SCHOOL CAKE

PLUM & VANILLA **CRUMBLE** with Custard

DATY COOKIE

LEMON DRIZZLE SPINGE

SOUP OF THE DAY FILLED JACKET POTATOES

**DUR HOT AND COLD GRAB & GO SELECTION** 



INSIDE OUR FOOD DISHES, THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.



WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

OPTION

#2

ON THE

SIDE

DESSERT OF

BEEF ENCHILADAS With Rice

> MACARONI CHEESE

With Toppings

Roasted Butternut Squash Cauliflower

> BLONDIE WITH BERRIES

STREET FOOD

SPICY CHICKEN

With Khobez and Tabbouleh Salad

HOUMOUS AND FALAFEL

With Khobez and Tabbouleh Salad

Red Cabbage Slaw and Roasted Chickpea Salad

**SYRUP SPONGE** with Custard

BUTCHERS
SAUSAGE &
MASH

with Onion Gravy

VEGGIE SAUSAGE & MASH

with Onion Gravy

Broccoli Sweetcorn

APPLE & CHERRY

DATY CRUMBLE

with Custard

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES with Rice

Carrots Green Beans

CHOCOLATE SHORTBREAD CAKE BATTERED FILLET OF FISH

served with Chips & Tartare Sauce

GREEK
SPINACH &
FILO PARCELS

and Chips

Baked Beans Garden Peas

PEAR UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT..

OUR HOT AND COLD GRAB & GO SELECTION MENU KEY



ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT INSIDE OUR FOOD DISHES. THEY WILL ADVISION OF YOUR AVAILABLE CHOICES.



WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# OPTION

#1

OPTION

#2

ON THE

SIDE

DESSERT OF

TANDOORI CHICKEN STUFFED NAAN

VEGETARIAN THAI NOODLES

Bombay Potatoes Green Beans Sweetcorn

> WARM BANANA FLAPJACK

MEATBALLS IN TOMATO SAUCE

with Spaghetti

VEGETABLE BIRYANI

Broccoli Roasted Vegetables

VANILLA SPONGE

THE CLASSIC ROAST DINNER

with all the trimmings

ROAST QUORN,

with all the trimmings

Roasted Carrots Red Cabbage

JAM SPONGE with Custard



CHICKEN KORMA

with 50/50 Rice

SWEET POTATO, CHICKPEA & SPINACH TIKKA

with 50/50 Rice

Roasted
Cauliflower &
Sambals

STICKY TOFFEE

APPLE CRUMBLE

with Custard

BATTERED FISH

with Chips & Tartare Sauce

THE BIG PLANT BURGER

with Chips

Garden Peas Baked Beans

BERRY CRUMBLE CAKE

#### ALSO RVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

### CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

## MENU KEY



#### ALLERGIES

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