



29 September 2017

Dear Parent / Carer,

Last year we were fortunate to be selected as the Eastern Region school in the prestigious Prugoals programme, a national programme of events and training that culminates in pupils taking part in the Prudential RideLondon 46 mile road race in July.

This year we have once again been given the opportunity to field a team of cyclists and so have 13 places available for both boys and girls to take part in the event. The Programme is aimed at 16 year olds and includes:

- Launch event with a celebrity ambassador (last year pupils went to the Olympic Velodrome and met Gold medal boxer Nicola Adams who gave them some tips on achieving their goals)
- A free custom-made road bike to train on and, once the event is completed the bike is given to pupils to keep
- Helmets, locks and jerseys as well as cycle maintenance advice
- Free accommodation and travel to all RideLondon events including the weekend of the Prudential RideLondon 46 (last weekend in July 2018)

In order to secure the places I need to register the team by the end of next week and therefore I need to have your register of interest no later than Wednesday 4th October at 9.00am. The team will be selected on Wednesday and additional consent forms will be distributed which will need to be returned by the end of the week.

In asking for a place pupils must commit to completing the full programme including the event in July, and also must be 16 years old by the 29th July in order to be eligible. It is worth adding that we worked very closely with the sponsors last year to ensure that there was no negative impact on preparation for GCSE exams and no events were scheduled in this time.

Further information on the event can be found online at <http://www.prugoals.co.uk/>

Yours sincerely,

D Carter

Mr D Carter
Vice Principal



Pupil Name: _____

Form: 11__

- I would like my child to be considered for a place on the 2018 Lynn Grove RideLondon team.
- I understand that, should my child get a place on the team, they are committing to completing all parts of the programme including the RideLondon event on 28th/29th July 2018

Signed: (Parent / Carer) _____

Please return to Mr Carter directly no later than 9.00am Wednesday 4th October