

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Main Meal £2.00</p> <p>Meal Deal £2.25</p>	Red Tractor Turkey Meatballs with Crushed Potatoes and Tomato Sauce	Classic Italian Lasagne served with Garlic Bread	Our Roast of the Day served with all the Traditional Accompaniments, Roast Potatoes, Sage and Onion Stuffing and Gravy	Mild Chicken Curry served with Steamed Brown Rice and Garlic Naan Bread	Freshly Baked Fillet of Battered MSC certified Fish with Chips or Baked Wedges
Vegetarian £2.00	Macaroni Cheese Bake	Vegetable Sausages served with Gravy and Creamy Mash	Quorn Roast / Lentil Roast with all of the Roast Dinner Trimmings	Vegetable Wholemeal Tortilla Lasagne with Garlic Bread	Baked Vegetable Spring Roll with a Curry Sauce and Vegetable Brown Rice or Chips
Vegetables	Garden Peas and Broccoli	Fresh Carrots and Sweetcorn	Sliced Green Beans and Cauliflower	Roasted Peppers, Sweetcorn and Savoy Cabbage	Garden Peas or Baked Beans
Dessert 85p	Reduced Sugar Banana and Chocolate Muffin / Cake	Cherry and Sultana Flapjack	Cherry Crumble and Custard	Pear and Cinnamon Cake with Custard	Chocolate Brownie
Available Daily	Filled Jacket Potatoes, Pasta with Daily Sauces, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salad. Hot Sweet of the Day or Fresh Fruit Salad, Cold Drinks				

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Main Meal £2.00</p> <p>Meal Deal £2.25</p>	<p>Salmon and Tuna Pasta Bake with Tomato and Garlic Bread</p>	<p>Braised Red Tractor Beef, Vegetable and Potato Pie and it's topped with our delicious Shortcrust Pastry</p>	<p>Our Roast of the Day served with all of our Seasons Fresh Vegetables, Roast Potatoes, Yorkshire Pudding and a Delicious Gravy</p>	<p>Traditional Shepherd's Pie served with a Rich Gravy and Fluffy Mash</p>	<p>Freshly Baked Fish Fingers / goujons with Chips or Baked Wedges</p>
<p>Vegetarian £2.00</p>	<p>Baked Vegetable Pizza Slice served with a Fresh Garden Salad</p>	<p>Roasted Winter Root Vegetable Casserole with Cheesy Croutons</p>	<p>Quorn Roast / Lentil Roast with all of the Roast Dinner Trimmings</p>	<p>Japanese Oven Baked Vegetable Katsu Curry with Coriander Rice</p>	<p>Oven Baked Bean Burrito with Vegetable Rice or Chips and Tomato Sauce</p>
<p>Vegetables</p>	<p>Garden Peas and Fresh Carrots</p>	<p>Sweetcorn and Broccoli</p>	<p>Sliced Green Beans and Fresh Carrots</p>	<p>Braised Red Cabbage and Sweetcorn</p>	<p>Garden Peas or Baked Beans</p>
<p>Dessert 85p</p>	<p>Apple Crumble with Custard</p>	<p>Fruity Flapjack Slice</p>	<p>Chocolate Sponge and Chocolate Sauce</p>	<p>Banana Gingerbread Pudding and Custard</p>	<p>Blueberry Muffin / Cake</p>
<p>Available Daily</p>	<p>Filled Jacket Potatoes, Pasta with Daily Sauces, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salad. Hot Sweet of the Day or Fresh Fruit Salad, Cold Drinks</p>				

WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal £2.00 Meal Deal £2.25	Pork Sausages and Mash with a Red Onion Gravy	Low and Slow Braised Beef Bolognese with Penne Pasta	Our Roast of the Day served with all the Traditional Accompaniments, Roast Potatoes, Sage and Onion Stuffing and Gravy	Chicken with Rice and a Rustic Tomato Sauce	Freshly Baked Fish Fingers with Chips or Baked Wedges and Garden Peas
Vegetarian £2.00	Bubble and Squeak Frittata Slice served with a Fresh Garden Salad	Braised Mexican Bean Stew with a Mild spiced tomato Sauce and Folded Flatbread	Quorn Roast / Lentil Roast with all the Roast Dinner Trimmings	Chickpea and Aubergine Curry with Wholegrain Rice	Vegetarian Brunch Vegetarian Sausage, Baked Beans, Mushroom and Mini Hash Browns
Vegetables	Peas and Broccoli	Sliced Beans and Sweetcorn	Carrots and Savoy Cabbage	Roasted Mediterranean Vegetables and Broccoli	Garden Peas or Baked Beans
Dessert 85p	Eves Pudding and Custard	Superfood Flapjack	Autumn Berry Crumble and Custard	Banana Muffin or Traybake	Chocolate Crunch Slices
Available Daily	Filled Jacket Potatoes, Pasta with Daily Sauces, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salad. Hot Sweet of the Day or Fresh Fruit Salad, Cold Drinks				