

PSHE Curriculum Plan

Year 7	Year 8	Year 9	Year 10	Year 11
<p>RE - Beliefs and Values What is Belief? Why do we study RE? What makes someone religious? How is faith expressed? What do Christians and Muslims believe?</p>	<p>RE - The Environment What is happening to the planet? What does religion say about the environment? Is the Earth sacred? What is meant by Stewardship and dominion? What impact do individual actions have?</p>	<p>RE - Beliefs and Values Ethics, Religion and Science Are religion and science in conflict? Life issues – abortion and euthanasia. Animal experimentation and organ transplantation. Is science replacing God?</p>	<p>Drug Education The facts about legal and illegal drugs. What are the associated risks? The law relating to the supply and possession of illegal substances (including school). Alcohol and smoking – risks and consequences including alcohol dependency awareness of the dangers of drugs which are prescribed but still present serious health risk What are county lines (CCE) and how does it affect you and the community.</p>	<p style="text-align: center;">Year 11 will follow a careers programme. This is enable them to develop a clear understanding of colleges, jobs and different qualifications</p> <p style="text-align: center;">Please see careers curriculum map for further information</p>
<p>Relationships Respectful Relationships – Understanding what a respectful relationship should look like. What should I do if do not feel I am in a respectful relationship?</p>	<p>Mental Well –Being Evaluating the links between mental health and physical health Identifying common misconceptions about mental health Recognising discriminatory language and behaviour, in relation to mental health Understand how digital resilience' to support mental health how to recognise the early signs of mental wellbeing concerns and where they can access support</p>	<p>Leadership What makes a good and bad leader? Understand different opportunities to experience leadership roles. Develop leadership skills in order to lead a small group in an activity.</p>	<p>Relationships How to recognise when a relationship is unhealthy or abusive (including the unacceptability of both emotional and physical abuse or violence including 'honour' based violence, forced marriage and rape) and strategies to manage this or access support for self or others at risk.</p>	

<p>Healthy Living Understanding signs of neglect. What are the how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer</p>	<p>Relationships Identify my respectful relationships with the qualities and behaviours needed to ensure these relationships are respectful the benefits of these relationships Bullying – What it is and how do we stop it. Identify different types of bullying such as peer on peer and cyber)</p>	<p>Relationships Students will learn what is meant by the term “Teenage Relationship Abuse” they will also learn how to Identify the different types of abuse and how it can affect you.</p>	<p>Healthy Living how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer’ strategies for managing mental health including stress, anxiety and depression; a broader range of strategies for promoting their own emotional wellbeing</p>	
<p>Basic First Aid Basic treatment for common injuries Life-saving skills, including how to administer CPR The purpose of defibrillators and when one might be needed</p>	<p>British Values Understand what British values are? Understanding British culture and the concept of British values. -Identify different beliefs held from other people. Link to FGM, forced marriage, radicalisation and extremism. Identify what is a democracy and why it is important in Britain.</p>			
	<p>Healthy Living (Fitness) the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress - the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardio-vascular ill-health</p>			

Safeguarding in PSHE Days & Presentations	Safeguarding in PSHE Days & Presentations	Safeguarding in PSHE Days & Presentations	Safeguarding in PSHE Days & Presentations	Safeguarding in PSHE Days & Presentations
<p>PSHE Days</p> <p>Internet Safety – (CEOP, Police Presentation)</p> <p>Keeping yourself safe (Friendships, anti-bullying and internet safety)</p>	<p>PSHE Days</p> <p>Mental Health (Personal safety and the effects social media and online safety – Singer/ song writer)</p> <p>Healthy Relationships – Police presentation, how to spot signs of an unhealthy relationship</p> <p>County Lines – Police Presentation understanding what CCE and dangers associated with it.</p> <p>Keeping yourself safe (Friendships, anti-bullying and internet safety)</p>	<p>PSHE Days</p> <p>Reality Check – Drugs (CCE, personal safety)</p> <p>Knife Crime – Police Presentation looking at law and risks of carrying weapons</p> <p>Child sexual exploitation (CSE) - Understanding what CSE is and how to keep yourself safe.</p> <p>Body Confidence & Anti Bullying</p> <p>Yoga and relaxation – Managing for emotional well-being</p> <p>Sex Education how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests</p>	<p>PSHE Days</p> <p>Murdered by my boyfriend – (Health relationships, Police presentation)</p> <p>Hope not Hate – Tolerance and respect – racism and extreme behaviours</p> <p>Mental Health and Stress Management – Lessons with the YMCA qualified mental health first aiders</p> <p>Sex Education</p>	<p>PSHE Days</p> <p>Driving Awareness – Police and fire service presentation</p>

		and outlook, sex and friendship.		
<p>Assembly Themes:</p> <p>Keeping yourself and other safe within our school community – Link to World Mental Health Day 10th October</p> <p>Anti-Bullying Week – Assembly and tutor activities</p> <p>Internet Safety Week – Looking different risks associated technology. Sexting, privacy settings, social media</p> <p>R.U.O.K – Proving students with opportunities to keep them and others safe in our school community.</p> <p>British Values – What are the British Values and why are they important. Terrorism, extremist and radicalisation</p> <p>Racism – How do we stop racism? How do we ensure racism is not tolerated in our school?</p>	<p>Assembly Themes:</p> <p>Keeping yourself and other safe within our school community – Link to World Mental Health Day 10th October</p> <p>Anti-Bullying Week – Assembly and tutor activities</p> <p>Internet Safety Week – Looking different risks associated technology. Sexting, privacy settings, social media</p> <p>R.U.O.K – Proving students with opportunities to keep them and others safe in our school community.</p> <p>Racism – How do we stop racism? How do we ensure racism is not tolerated in our school?</p> <p>British Values – What are the British Values and why are they important. Terrorism, extremist and radicalisation</p> <p>When bad things happen - Focused on terrorism and Prevent (Manchester bombing)</p>	<p>Assembly Themes:</p> <p>Keeping yourself and other safe within our school community – Link to World Mental Health Day 10th October</p> <p>Anti-Bullying Week – Assembly and tutor activities</p> <p>Internet Safety Week – Looking different risks associated technology. Sexting, privacy settings, social media</p> <p>R.U.O.K – Proving students with opportunities to keep them and others safe in our school community.</p> <p>Racism – How do we stop racism? How do we ensure racism is not tolerated in our school?</p> <p>British Values – What are the British Values and why are they important. Terrorism, extremist and radicalisation</p>	<p>Assembly Themes:</p> <p>Keeping yourself and other safe within our school community – Link to World Mental Health Day 10th October</p> <p>Anti-Bullying Week – Assembly and tutor activities</p> <p>Internet Safety Week – Looking different risks associated technology. Sexting, privacy settings, social media</p> <p>R.U.O.K – Proving students with opportunities to keep them and others safe in our school community.</p> <p>British Values – What are the British Values and why are they important. Terrorism, extremist and radicalisation</p> <p>When bad things happen - Focused on terrorism and Prevent (Manchester bombing)</p>	<p>Assembly Themes:</p> <p>Keeping yourself and other safe within our school community – Link to World Mental Health Day 10th October</p> <p>Anti-Bullying Week – Assembly and tutor activities</p> <p>Internet Safety Week – Looking different risks associated technology. Sexting, privacy settings, social media</p> <p>R.U.O.K – Proving students with opportunities to keep them and others safe in our school community.</p> <p>Racism – How do we stop racism? How do we ensure racism is not tolerated in our school?</p>

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